

Visitor Pressure and Events in an Urban Setting

City Report- Tallinn, Estonia 2018









Colophon

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Executive summary

In the past years, the topic of visitor pressure and over-tourism in city destinations has reached worldwide media coverage. Although, it is very difficult to ascertain how and when visitor pressure becomes too high, preventing it should be a priority to city governments. Support of local residents is a prerequisite for sustainable tourism development. This report provides an overview of the current situation concerning visitor pressure in the city of Tallinn, as well as possible solutions and actions to be taken.

The visitation of Tallinn increases year by year thus all the interviewed experts agreed that the problem of visitor pressure will not reduce but will increase in the near future. The number of visitors from international markets is continuously growing as well as the volume of cruise tourism.

Restoration works in the Old Town and its surroundings are in progress allowing the visitors and the residents to use the town in various ways. Traffic regulations are ongoing however; the works will probably last for a couple of years before it is completed. Development and revitalization of neighbourhoods outside of the touristic hot spots are also in progress just like the development of the coastal area.

Initiatives have been taken with regards to maximizing the economic benefits of tourism in connection to heritage protection, although such system is not in place yet. Communicating the financial and economic benefits of tourism towards the residents and creating wider awareness is also lacking.

The need for advanced use of ICT was also mentioned, just like the potential of creating more walking and cycling routes and fostering more active cooperation between the residents and the industry players.

According to most of the interviewees MICE tourism will play a key role in the future. The number of venues and facilities is planned to be expanded in the upcoming years holding a lot of potential for Tallinn.

The city is continuously developing. The social and economic development is accompanied by the renewal of the cityscape. Besides new structures, heritage protection and maintenance has key importance. The city is getting more and more attractive and the range of touristic offers and products is increasing year by year. Nonetheless, this phenomenon has negative impacts as well. Touristification and rising costs of real estate and services are already visible in the Old Town. The visitation of the city is growing putting more and more pressure on the social, physical and economic environment. The problem has already been realized and acknowledged however; urgent steps need to be taken.

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Centre of Expertise Leisure, Tourism & Hospitality

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1. Introduction

The project "Visitor pressure and events in an urban setting" is a follow up study of a previous research conducted in large urban destinations. The current project Tallinn is participating in is focusing on smaller urban destinations and looks at the problem of over-tourism from the residents perspective.

The research was initiated by the Centre of Expertise Leisure, Tourism and Hospitality (CELTH) and was carried out by the two founding partners Stenden University (European Tourism Futures Institute) and NHTV University of Applied Sciences. The project ran between March 2017 and November 2018.

The following chapters will discuss the main findings solely for the city of Tallinn. A total of 9 experts from different fields directly or indirectly related to tourism were interviewed and 108 responses were collected to a resident survey distributed with the help of Tallinn City Tourist Office & Convention Bureau.

This report must be seen as an attachment to the main report that contains the theoretical background, the methodology and approach, the scenarios for urban destinations as well as a cross case analysis that helps to benchmark between city destinations. In this individual report for the city of Tallinn the following questions will be answered:

- To what extent visitor pressure is visible in the city of Tallinn? dimensions and implications
- How does the problem manifest itself or may do so in the future (spatial, economic and social implications)?
- Who are the key players involved in visitor management and how does the city deal with visitor pressure?
- How can Tallinn become future proof?- Future scenarios
- How can the recommended strategies for Tallinn be implemented?

2. Methodology

2.1 General study design

In order to get reliable results, a multi-method approach was used. To have a thorough understanding of visitor pressure and over-tourism and to learn more about the unique characteristics of urban tourism, extensive literature research was conducted. Besides the theoretical background, the context of the city of Tallinn was examined via reports, statistics, development plans and existing strategies. The desk research was followed by extensive field work. The field research consisted of two parts: expert interviews and a resident survey.

2.2 Expert Interviews

A total of 9 semi-structured interviews were conducted with key industry players. The in-depth interviews were conducted face to face (7) and via Skype (2). The interviews were conducted in English, were recorded and later transcribed for analysis. A summary report was produced based on the information collected from the interviews. The report served as a basis for further analysis.

The interviewees were selected with the help of Tallinn City Tourist Office and Convention Bureau. For the selection of the interview participants, purposive sampling was applied.

From a list of key industry players members of the stakeholder groups below were selected:

- Destination Management Organizations
- Tourism related businesses (event organisers, hotels, catering establishments, tour operators, travel agencies)
- Transportation service providers
- Public sector (involved in spatial development, tourism management etc.)
- Tourist attractions (museums, heritage locations, art centres, exhibition/conference centres) ٠
- Resident groups or representatives

The main topics covered during the interviews were the followings:

- Is visitor pressure a problem in Tallinn (or may become a problem in the future)?
- How does the problem manifest itself (or may do so in the future)?
- Governance of visitor pressure
- Strategies and methods of visitor management
- Future vision and developments

2.3 Inverviewee profile

| Name | City | Expertise | Organization/company |
|----------------|---------|-------------------------------------|--|
| Liivi Soova | Tallinn | Member of the board | Estonian Folk Art and Craft Union |
| | | Managing Director | Hansa Estonia Ltd. |
| Külli Karing | Tallinn | President | Estonian Travel & Tourism Asso- ciation |
| | | Board Member | Estonian Convention Bureau |
| Sirle Arro | Tallinn | Head of Marketing and Communication | Port of Tallinn |
| | | | National Heritage Protection Unit |
| Boris Dubovik | Tallinn | Head of Division Member | Tallinn Urban Planning Depart- ment/UNESCO Tallinn Old Town Management Committee |
| | | | National Heritage Protection Unit |
| Eero Kangor | Tallinn | Chief Specialist | Tallinn Urban Planning Depart- ment |
| Mark Sepp | Tallinn | Manager – research and development | Tallinn City Administrations |
| Evelin Tsirk | Tallinn | Head of Department | Tallinn City Tourist Office & Con- vention Bureau |
| Kristina Lukk | Tallinn | Analyst | Tallinn City Tourist Office & Con- vention Bureau |
| Jüri Kuuskemaa | Tallinn | Member | Society of the Tallinn Old Town |
| | Tallinn | Advisor to the Mayor of Tallinn | UNESCO Tallinn Old Town Manage- ment Committee |

Table 1. Interviewee profile

2.4 Resident survey

To be able to examine the relationship between the tourism industry and the local community the method of self-completion online questionnaire was chosen. In order to benchmark between the destinations of the previous and the current visitor pressure project the same questionnaire (with slight changes) was used in Tallinn as well. The questionnaire was translated to English, Estonian and Russian and was distributed online to a representative panel of residents across the city with the help of Tallinn City Tourist Office and Convention Bureau. A total of 108 responses were received.

2.5 Respondents profile

Based on the gender of the respondents, female inhabitants seemed to be more active. 66% of the respondents were female and 34% were male. The largest age group represented was people aged 35-54 years (52.2%), followed by the group of 15-34 years (27.8%).



Figure 1. Age structure - resident survey

Gender



Female Male

Figure 2. Gender - resident survey

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As the map below shows, most responses came from the city centre/Kesklinn neighbourhood followed by the Pohja-Tallinn district. Visitor pressure is mostly visible in the city centre and specifically in the Old Town area thus the interest of citizens living in the central district is naturally higher in tourism related issues.

Most of the respondents were born in Tallinn (49.1%) or moved to the city for family reasons (32.4%).

Attachment to the city



Figure 4. Attachment to the city - resident survey

The fact that almost half of the respondents were born and raised in the city may be the reason that most of the residents (94%) have been living in the city for one year or more.

Period of living in Tallinn



Less than a year
One year or more

Figure 5. Period of living in the city - resident survey



Figure 3. City map Tallinn - area of living (nr. of responses) - resident survey

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Being a long-term inhabitant of the city may be a good indicator for the general identification of residents with the city of Tallinn. In general people are happy to be living in the city (M=4.34) and they feel they are a real "Tallinner" (M=4.25).

Most of the residents (87.80%) reported that they do not work in the tourism industry and their household income is not related to tourism (86.90%).





■ Yes ■ No ■ I don't know *Figure 8. Household income related to tourism – resident survey*

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3. Viewpoints to tourism and visitore pressure in Tallinn

3.1 Introduction

This chapter contains information on the general views on whether visitor pressure is currently an issue in the city of Tallinn or not. We will discuss the underlying issues that make visitor pressure a problem and those issues that may become a problem in the future. The chapter first introduces the topic from the point of view of key industry players then provides insights into how it is perceived by the residents.

3.2 Dimensions of tourism and visitor pressure

The question whether visitor pressure currently is an issue in the city was answered in a slightly varied way. Experts do acknowledge that the number of visitors is increasing year by year however, those directly involved in tourism perceive visitor pressure as a more significant issue than others. It is agreed on, that the most pressure is on the historical city centre and that the issue is not visible all year round. Due to the specific layout and the narrow, medieval streets, congestion and overcrowding is one of the main issues the city is dealing with.

It was noted by all the experts that seasonality plays a key role. It was reported that the winter period is generally more quiet, however the Christmas holiday and the New Years' Eve celebrations attract large number of visitors, mainly from the neighbouring countries. It was highlighted that during the cruise season, at specific times of the day pressure becomes more visible in the historic centre. In general, events are seen as a potential tool to attract visitors in the shoulder months however, currently, events are not organized in a strategic way. Time-based rerouting throughout the day has also huge importance. Closer cooperation is necessary between the guides, tour operators and excursion organizers, mainly the ones serving the cruise ships.

It can be concluded that according to the experts the main problems are linked to cruise tourism and the large number of ferry passengers arriving into the Port of Tallinn. The three ferry lines serving Tallinn

(Tallinn-Helsinki, Tallinn-Stockholm, Tallinn-St Petersburg) account for the largest number of passengers. According to statistics, In 2016, the Port of Tallinn received a total of 10,173,297 passengers (Port of Tallinn, 2016). Approximately 8.5 million passengers arrived by ferry. The busiest ferry line is the Tallinn-Helsinki line. The cruise season is generally a bit longer than the main touristic season and can last till October. Tallinn receives 300+ cruise ships yearly.

It has to be noted, that while cruise tourism is constantly growing (including the arrivals by ferry) other segments are also increasing placing pressure on the city.

According to experts, other major problems are related to infrastructure, accessibility, length of the main season as well as the lack of efficient strategies for managing visitor flows.

Infrastructure problems were emphasized by most of the stakeholders. The Old Town area is located very close to the Port of Tallinn. The Port is handling large amount of traffic in a rather small area. Ferries, cruise ships, cars, trailers, tourist buses all make use of the port and the surrounding areas causing congestion problems. A master plan has been created for the development of the Port area. The plan is expected to be ready by the end of 2017. Given the high number of passengers arriving by ferry or cruise ships, It was highlighted that connections between the Port and the Old Town has become an issue. In the peak season, the Port receives approximately 25.000 ferry passengers and 10.000 cruise passengers per day. Transportation of these visitors are often done by coaches. It was mentioned that the city is lacking adequate coach parking facilities and drop off zones.

Most of the cruise passengers are first time visitors. Their visit is concentrated on a very short period of time (mostly between 9.00 and 13.00). Due to the first time visit, most of the passengers are interested in the touristic hotspots. It was reported that on the busiest days residents tend to leave the Old Town.

Another issue mentioned by most of the experts is the concentration of entertainment facilities around the same corner of the Old Town. Bars, Pubs and clubs located in the same area contribute to significant noise pollution.



3.3 Behavioural response and attitude torwards tourism

The resident survey revealed that at this stage, locals do not consider visitor pressure and over-tourism a significant issue. As it can be seen from the graph below, the opinion of locals about visitors in Tallinn is rather positive (M=3.72). There is a slight difference between the perceived impact of visitors themselves and tourism in general. Opinion about tourism (M=3.59) was slightly less positive. Sense of attachment with the city (M=3.65) and personal identity (M=3.69) as being a Tallinner also scored high.

The attitude of residents towards tourism is also on the positive side. 87.1% of the respondents said (agree & completely agree) that they are proud that people from different parts of the world visit Tallinn and they think Tallinn is a hospitable city (77.3%). Answers to the question whether people from Tallinn are hospitable were a bit more evenly distributed, although the majority agreed or completely agreed that Tallinners are welcoming (55%). Answers to the question whether the neighborhood of the respondents is too touristy also showed even distribution and residents did not clearly agree or disagree.

Attitude towards tourism



Figure 9. Perceived impact of tourism - resident survey



Figure 10. Attitude towards tourism - resident survey

It can be concluded that residents have a positive attitude towards tourism and visitors in general. This might be the result of not having experienced significant negative impacts in the past years. As it can be seen from the graph below, most of the residents did not experience serious drawbacks in the past 3 years (47.2%), however, in case the pressure gets too high, they would avoid specific places (39.8%) (this practice can already be seen). More drastic behavioral responses such as moving to another place in the city or leaving the city itself scored low amongst the respondents.



Behavioural response to drawbacks

Residents were asked to write down the first two words that comes to their mind when they think of visitors in Tallinn. The word-cloud shows the words mentioned by the respondents. The bigger the word the more times it appeared. The word "Finns" referring to the Finnish visitors was mentioned the most often followed by "tourists" and "Old Town". The citizens equally used negative and positive terms.



Figure 12. Word-cloud-Words residents think of when it comes to visitors in Tallinn - resident survey

4. Encounters with tourism and visitor pressure in Tallinn

4.1 Introduction

This chapter will provide in-depth analysis of how visitor pressure manifest itself in the city, what the spatial, economic and social encounters with tourism development are and how it is perceived by experts and residents. To provide a glimpse, the graph below shows that in general positive encounters outweigh the negative encounters in the eye of the residents. he negative encounters in case of the stakeholder domain were excluded on purpose. The rest of the chapter will go more into details and discuss each domain separately.

Critical encounters by domain



Figure 13. Critical encounters by domain – resident survey

4.2 Spatial encounters

Tourism in Tallinn is concentrated in the Old Town. It was reported by experts that in order to protect the UNESCO world heritage site and to ensure a peaceful living environment for the residents of the historical town centre the main goal is to make the Old Town completely car free. The Old Town itself is under UNESCO and national heritage protection that makes the development of the historical centre even more complicated.

It was mentioned by some of the interviewees that directional signage in the city centre is adequate however it needs some improvement in the harbour area. Concerning the facilities, according to some interviewees the area is currently lacking certain public facilities e.g. public toilets.

Experts also stated that in general tourists do not have large impact on public transportation. Tourist groups normally travel by chartered coaches that leads to a rather serious encounter when it comes to drop off points and coach parking. The city is currently lacking a suitable parking lot for coaches and the drop off points should also be reconsidered. Parking in general is expensive in Tallinn.

According to the residents, positive spatial encounters with tourism development and visitors outweigh the negative encounters. Respondents were most positive about the restoration of traditional architecture (M=3.81), protection of historical parts of the city (M=3.68) and the events organized (M=3.52). Amongst the negative encounters, overcrowding of sidewalks as well as restaurants, shops and leisure facilities and pollution/littering/noise (M=2.32) scored the highest.

(scale: 1=neutral to 5=very positive)

| Positive direct encounters (n=85-91) | | Mean |
|--------------------------------------|--|------|
| | Restoration of traditional architecture | 3.81 |
| | Protection of historical parts of the city | 3.68 |
| Spatial | More events | 3.52 |
| | More leisure facilities | 3.45 |
| | Better infrastructure | 3.13 |
| | More shops | 3.11 |

Table 2. Positive spatial direct encounters – resident survey

(scale: 1=neutral to 5=very negative)

| Negative direct encounters (n=80-89) | | Mean |
|--|--|------|
| | Overcrowding/obstruction of streets/side walks | 2.62 |
| | Overcrowding of shops/restaurants/leisure facilities | 2.35 |
| le | Pollution/littering/noise | 2.32 |
| Spatial | Tourists on bicycles/Segways | 2.20 |
| Table 2 Negative contial direct encour | A loss of diversity on the high-street | 2.11 |
| | Overcrowding of public transportation | 2.11 |
| | Change of appearance of neighbourhood/ loss of authenticity | 1.93 |

Table 3. Negative spatial direct encounters – resident survey

4.3 Economic encounters

Tallinn is continuously developing and being refreshed. It is however not seen as a result of tourism development but rather the other way around. Due to the uplifting of certain neighbourhoods visitors started to discover areas outside of the main touristic hot spots bringing money into these areas and contributing towards further development. Good examples are the Kalamaja area, the seaplane harbour and the coastline, Kadriorg and Pirita, Rocca al Mare and Nomme. Some of the buildings from the Soviet era are still in bad condition, however, there are numerous ongoing development and restoration projects in the city.

Despite of the opportunities to reduce the pressure on the Old Town by redirecting the visitors towards the suburbs, no real incentives have been developed. It was argued by most of the experts that more intensive marketing and promotion is needed in order to create awareness. The extension of the average length of stay has also high importance. It would provide the chance for visitors (specifically first time) to discover other areas as well.

The positive economic encounters with tourism were recognized and acknowledged by all the interviewees. Tourists do not only bring revenue to the city but there presence also contributes towards the quality of life. Whether the economic impacts have been maximized is perceived in a varied way by the interviewed experts.

Heritage protection is a key area that requires large amount of money for the renovation, restoration and maintenance of the buildings in the protection zone. It was argued that tourism should contribute more towards heritage protection. The introduction of price mechanisms has been thought of, such as tourist taxes or taxing the cruise ships and coaches, however no such system is in place yet. The negative encounter with cruise tourism is perceived rather strongly by most of the interviewees, however, the direct, indirect and induced economic encounters with the Port of Tallinn have also been acknowledged.

The sharing economy and more specifically Airbnb exists in Tallinn as well. Purchasing apartments for renting it out later is a common trend in the centre of the city and mainly in the Old Town. This activity generates mixed feelings amongst the residents. Some of these apartments are empty most of the time and used only for short stays. Noise problems are also reported in connection to Airbnb guests. In case of the properties owned by foreigners, bills are often neglected and not paid on time. Strict regulations are needed.

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It was mentioned by the stakeholders that the tendency of rising rental prices and real estate value is visible in the Old Town, although, it is not solely the result of tourism development in the city. In the past couple of years relocation of residents, businesses as well as state departments could be seen. Some of the residents decided to leave the area due to strict regulations with regards to the pedestrian zone in the Old Town.

The traditional Estonian handicraft stores are also facing difficulties. Due to the size of the Old Town there are only a few spots that guarantee high visitation and revenue for the shops. These spots are often too expensive or taken by souvenir stores. Some of the handicraft stores did have to relocate outside the central zone where they face the risk of low demand and lack of revenue.

The relocation of ministries and state departments can also be observed, nonetheless, by redeveloping and renovating these former state buildings new residential apartments can be built and the Old town can attract more residents. The seaside area is also being redeveloped and opened for residents, businesses and visitors. Many of the new businesses are established in this area.

Just like in case of the spatial encounters, in the resident survey positive economic encounters scored higher than the negative ones. Greater number of tourist accommodation (M=3.38), more seasonal jobs (M=3.27) and economic development (M=2.89) are seen as a positive outcome of tourism. However, the increase of price level/affordability of restaurants, cafes, shops, leisure facilities, rental houses and private homes are seen as the most significant negative economic impacts.



scale: 1=neutral to 5=very positive)

| Positive direct encounters (n=65-81) | | Mean |
|--------------------------------------|--|------|
| | Greater number of tourist accommodation | 3.38 |
| | More seasonal jobs in tourism | 3.27 |
| Dic | Economic development of my neighbourhood | 2.89 |
| ЦС | More permanent jobs in tourism | 2.83 |
| Ecol | More jobs outside tourism | 2.76 |
| | Increase of price level of real estate | 2.71 |
| | Wealth of residents | 2.65 |

Table 4. Positive economic direct encounters – resident survey

(scale: 1=neutral to 5=very negative)

| Negative direct encounters (n=55-93) | | Mean |
|--------------------------------------|---|------|
| | Increase of price level/affordability of restau- rants and cafes | 3.16 |
| | Increase of price level/affordability of shops | 3.04 |
| | Increase of price level/affordability of leisure facilities | 2.84 |
| | Increase of price level/affordability of rental houses | 2.69 |
| jic | Increase of price level/affordability of private houses | 2.57 |
| Economic | Big events causing peak moments of crowding | 2.05 |
| ECC | Increase of price level/affordability of taxis | 2.04 |
| | Increase of seasonal/migrant workers | 2.03 |
| | Decrease of permanent jobs | 1.91 |
| | Decrease of seasonal jobs | 1.88 |
| | Increase of businesses | 1.74 |
| | Increase of tourist accommodations | 1.72 |
| | Increase of price level/affordability of public transportation | 1.67 |

Table 5. Negative economic direct encounters – resident survey

4.4 Social and personal encounters

It was stated by experts that touristification of the historic centre is getting more and more visible. The number of shops and restaurants that cater mainly for tourists has increased. The number of souvenir stores has risen significantly as well as the number of restaurants targeting tourists. Because of this tendency residents of the Old Town have less and less opportunities to shop in their own neighbourhood. Residents often opt for restaurants located outside of the central area in the main season and tend not to return to the restaurants located in the touristic hot spots in the winter season.

Due to seasonality, demand is not balanced throughout the year. Businesses focusing on tourists often close down in the winter season. This trend results in difference in quality and service standards in the peak and the shoulder months.

Concerning the impacts of tourists on safety and security, the stakeholders reported that crime and vandalism did not increase in the city due to tourism development. Tourists often become the target of thieves or pickpockets but the situation is not worse than anywhere else in the world. It was argued

by some of the experts that presence of the local police is not adequate and tourists often do not have the means to report to the police and most of these cases remain unknown for the local authorities.

Another issue often raised was the high concentration of entertainment facilities in the same area within the Old Town. These bars and clubs are mainly visited by locals. Noise is one of the main concerns mentioned.

The lack of qualified tour guides is also seen as an issue. In the summer months due to high demand, there is lack of certified guides. In the peak months, guides without licences and students who speak one or two languages fluently are often employed as guides. This practice is harmful. Education and strict regulations are needed.

According to the surveys, residents ranked "more cultural supply" (M=3.57) the highest amongst the positive direct social encounters, followed by "greater international touch" (M=3.55) and "revitalization of local arts and events" (M=3.54). Amongst the negative encounters "misbehaviour of visitors" (M=2.63) was ranked the highest, followed by "commercialization of residents' hospitality" (M=2.18).

(scale: 1=neutral to 5=very positive) Positive direct encounters (n=87-94) More cultural supply Greater international touch Revitalizations of local arts and More positive image More opportunities to share cul visitors Social Increased liveliness Improvement of social/cultural Increase of community's pride Better liveability Change in the composition of th Better understanding of other pe Growth of the population

Table 6. Positive social direct encounters – resident survey

(scale: 1=neutral to 5=very negative)

| Negative direct encounters (n=60-77) | | Mean |
|--------------------------------------|---|------|
| | Misbehaviour of visitors | 2.63 |
| | Commercialisation of residents hospitality | 2.18 |
| Social | Attitude of visitors | 2.14 |
| 20 S | Less housing for residents | 1.90 |
| | Change/loss of culture/lifestyle/local cus- toms | 1.64 |

Table 7. Negative social direct encounters – resident survey

21

| Mean |
|------|
| 3.57 |
| 3.55 |
| 3.54 |
| 3.40 |
| 3.34 |
| |
| 3.22 |
| 3.22 |
| 3.00 |
| 2.82 |
| 2.80 |
| 2.71 |
| 2.71 |
| |

Residents were asked to evaluate the positive and negative encounters with visitors in regard to their personal life as well. The tables show the indirect encounters in order of their ranking. The most highly ranked positive personal encounters are "greater personal pride (M=3.04), "more pleasant contacts with visitors" (M=3.02), "improvement of my understanding of other people/visitors" (M=2.72). The most highly ranked negative personal encounters are "waiting time in shops/facilities" (M=2.06), "it frequently takes me extra time to go to work" (M=1.66), and "my safety/comfort is frequently violated" (M=1.61).

(scale: 1=neutral to 5=very positive)

| Positive personal er | ncounters (n=67-92) | Mean |
|----------------------|---|------|
| | Greater personal pride of the city | 3.04 |
| ters | More pleasant contacts with visitors | 3.02 |
| encounters | Improvement of my understanding of other people/ visitors | 2.72 |
| | Improvement of my language skills | 2.71 |
| personal | Improvement of my attitude towards other people/visitors | 2.70 |
| bers | A nicer/better job | 2.17 |
| ositive | Improvement of my educational level | 2.11 |
| Posi | Improvement of my housing conditions | 2.03 |
| | Improvement of the family income | 1.99 |

Table 8. Positive indirect encounters – resident surve

(scale: 1=neutral to 5=very negative)

| Negative personal encounters (n=55-78) | | Mean |
|--|---|------|
| | Waiting time in shops/facilities | 2.06 |
| noo | It frequently takes me extra time to go to work | 1.66 |
| lend | MY safety/comfort is frequently violated | 1.61 |
| persona ters | My privacy is frequently violated/infringed | 1.60 |
| pers | Obstruction of my daily schedule/planning | 1.52 |
| tive | My social and cultural life is frequently infringed | 1.46 |
| Negative | I experience unfair competition on the accommodation market | 1.33 |
| 2 | My family life is frequently infringed | 1.32 |

Table 9. Negative indirect encounters – resident survey

5. Governing and managing tourism and visitor pressure

According to the opinion of the interviewed experts, the Visit Tallinn 2017-2020 strategy is aligned with other city development plans. It was emphasized that the tourism strategy is based on the National Tourism Development Plan and the Tallinn Development Plan. The main party involved in tourism related decision-making processes is the Tallinn City Tourist Office and Convention Bureau.

It was mentioned that there are a number of associations that act as umbrella organizations and represent specific sectors. It was agreed on, that in general there is close cooperation between the tourism sector and other stakeholders.

However, certain issues were raised by the stakeholders such as lack of adequate strategies and methods to deal with problems and lack of smart technology in planning and development. It was argued that experts should have initiatives on their own fields. The initiatives should be implemented via a central coordination system that is currently lacking.

It was revealed that in general the citizens are not consulted when it comes to tourism planning and development. Based on the opinion of some of the experts, the citizens tend to be more active when it comes to city planning, developments and construction works. This is justified by the low response rate of Tallinn citizens to the resident survey distributed in the framework of this project.



5.1 Stakeholder implications

Residents were asked to evaluate their personal experience with the attitude/actions/plans of different stakeholder groups on a Likert scale ranging from neutral to very negative. "Attitude of taxi drivers" got the least positive feedback (M=2.02) followed by "attitude of other residents towards visitors" (M=1.97). The "attitude of tour guides" (M=1.73) got the least negative ranking.

(scale: 1=neutral to 5=very negative)

| Stakeholder encounters (n=55-66) | | Mean |
|----------------------------------|--|------|
| | Attitude of taxi drivers | 2.02 |
| S. | Attitude of other residents towards visitors | 1.97 |
| unte | Attitude of tour operators | 1.92 |
| encounters | Attitude/tourism plans of the government | 1.86 |
| | Attitude/plans of tourism marketing/promo- tion organizations | 1.78 |
| Stakeholder | Attitude of owners/managers of tourist accommodations | 1.75 |
| | Attitude of tour guides | 1.73 |

Table 10. Stakeholder encounters – resident survey

5.2 Current approach in dealing with visitor pressure

The main initiative mentioned by most of the experts is the Tallinn City Card. It is a great tool to provide easy access to attractions including public transportation. However, the Tourist Office is facing difficulties in connection to spreading the visitors. Most of the arrivals are first time visitors thus they are mainly interested in the must see attractions. Furthermore, cruise passengers, besides being first time visitors, have only a very short time to visit the city, thus their itineraries are focused on the Old Town. Stimulating the itinerary of visitors and redirecting them to different parts of the city could work mainly with repeat visitors, specifically the Finnish market, who have already visited the main sites and are interested in alternative routes.

Time-based rerouting has a key importance; however, it seems to be very difficult to deal with seasonality. The cruise season is very short and it is extremely hard to extend it due to the weather conditions (the Baltic Sea gets rough in the winter and autumn period). In general, events are seen as potential tools to attract visitors in the shoulder months. The key industry players are continuously working on it, and their efforts are well represented by the fact, that in the past couple of years, the season got longer and now it lasts from May until September. The MICE segment is seen as a key segment as well as cultural events and festivals to attract visitors outside the peak season.

Time-based rerouting throughout the day has also a huge importance. Closer cooperation is necessary between the guides, tour operators and excursion organizers, mainly the ones serving the cruise ships, concerning the itineraries of the groups. Tours should start in different areas and at various times and then move towards the Old Town. There have already been a few initiatives such as alternative walking tours or cycling tours offered to cruise passengers.

Concerning information provision, the Tourist Office operates a website that contains all the information with regards to visiting the city. The "near me" option helps visitors to find attractions close by. The website, however, can only be accessed via Wi-Fi or internet. The Tourist Information Centre serves as the main contact point for visitors. No application with real time data is currently used or being promoted although, for instance https://soiduplaan.tallinn.ee/#bus/en is an application (in multiple languages) that provides real time data on arrival and departure times for public transportation. 3D videos of the city are also available and QR codes are placed on certain attractions. There is also an application that has been developed by locals. Residents can tell their stories about the buildings and sites of the Old Town (http://snippetguide.com/#primary). Tallinn is featured on www.likealocalguide.com as well where locals offer their insights and services as local guides. However, this is not featured on the Visit Tallinn website. Currently there is no ambassador program that residents could be involved in to promote their city.

According to the interviewees, in general, benefits are not so visible for the residents. The Tourist Office does not have the right means at the moment to engage and communicate with the residents. Currently there are no reliable statistics on how many people are employed in the tourism sector. The economic impact of tourism in the city of Tallinn is not measured either. The contribution of tourism to the GDP is only measured on a national level thus, estimations on city level are hard to make. The impacts of cruise tourism around the Baltic Sea has been measured earlier, however it is hard to draw conclusions and communicate this in a clear and simple manner towards the residents. Due to lack of data and communications, the residents lack awareness concerning the benefits of tourism.

City experiences are primarily organized for the residents. There are no specific events that are marketed only for tourists. The Handicraft Union mainly focuses on the residents as well and is eager to provide valuable experiences that may also be interesting for visitors. The festivals such as the Flower festival, the Tower festival, the Old Town festival and the Light festival and the concerts are mainly for the local audience however these events attract both visitors and locals. Events in general are used as promotional material. Most of the events are organized in the city centre or in the Pirita area.

The tourist office does engage and communicates with the visitors. A survey is conducted every year. The Tourist Office is also active on Social Media. A new online chat function has been recently introduced where visitors can ask questions. The Tourist Information Centre located in the Old Town is an ideal place for face-to-face communications. It was acknowledged by some of the experts that educating the visitors is a vital part of the travel experience just like engaging with the locals.

5.3 Community preferences for visitor management strategies

As the graph below shows, residents are in less favour of applying hard strategies such as strict rules and regulations to manage visitor flows. Improvements to the infrastructure and facilities is seen as the most favourable strategy amongst the residents (70.1%).

Preferences for visitor management strategies



Respondents in favour or very much in favour Figure 14. Preference for visitor management strategies - resident survey

5.4 Current state of affairs

From the interviews conducted with several local experts, implications of visitor pressure and some key challenges could be identified. The table below contains implications on the physical, social and economic environment and the key challenges linked to these implications. Strategies that are recommended for consideration have been assigned to each implication (the complete list of strategies can be found at the end of this chapter).

The table below intends to raise attention on current issues or issues that may arise in the near future according to the interviewed experts and therefore, require immediate attention.

| Implications - physical environment | Key challenges identified | Strategies recommended |
|-------------------------------------|--|------------------------|
| Overcrowding | Congestion problems in the historic city centre | I, II, III, V, VI |
| | • Lack of incentives – promotion of less visited parts of the city needed | |
| | • Extension of the tourism offer needed in order to extend the average length of stay | |
| | • Time-based rerouting: More active collaboration needed between guides, tour operators and excursion organizers within the Old Town | |
| | • Events should be strategically organized to spread visitors throughout the year | |
| | Cruise tourism | |
| | • Large number of ferry passengers from Helsinki, Stockholm and St Petersburg | |
| | Lack of adequate visitor management strategies | |

| Traffic management | Insufficient traffic infrastructure between the port area and the Old Town | VI, XIV |
|-----------------------------------|---|-----------------------------|
| | Lack of smart technology in planning and development | |
| | • App with real-time data should be more intensively pro- moted (e.g. arrival & departure times of public transport) | |
| | • Expansion of the walking and cycling routes is desirable | |
| Coach parking facilities | The city is lacking adequate coach parking facilities and drop off zones | VI, XIV |
| Public facilities | Range and condition of public facilities e.g. public toilets is considered adequate with some space for improvements | XIV |
| directional signage | Directional signage in the harbour area requires improve- ments | XIV |
| Touristification | Changing cityscape- Increasing number of tourist oriented shops | IV, V, VII, IX, X |
| Implications - social environment | | |
| Touristification | • Lack of daily infrastructure for residents- High number of souvenir stores and restaurants catering for tourists | IV, V, VII, IX, X, XII, XII |
| | • Local life style should be promoted more intensively : handicrafts, gastronomy etc. | |
| community involvement | Residents are rarely/or not consulted concerning tourism development, lack of data to share | XII, XIII, XVI, XVII |
| | • Initiatives of the local community such as "snippetguide" or "like a local guide" should be more intensively promot- ed | |
| | Currently there is no ambassador program | |
| | Benefits of tourism are not clearly communicated to the residents – lack of data | |
| Stakeholder involvement | High number of unqualified tour guides – education and regulations needed | XVI, XVII |
| | Lack of cooperation between tour guides, tour operators, cruise companies – overcrowding in the historic centre | |

| disturbance | • High concentration of entertainment facilities in one loca- tion in the Old Town | V, XVI, XVII |
|---|---|------------------|
| | Airbnb – noise pollution, apartments are mostly empty, bills are neglected, short stays | |
| | • Presence of local policy is inadequate | |
| Implications - economic environment | | |
| Financial benefits not fully exploited | Heritage protection – introduction of price mechanisms recommended for the purpose of heritage protection | IV |
| Touristification/living costs | Relocation of traditional local shops due to high costs | IV, V, VII, XVII |
| | • Seasonal demand – fluctuations in service standards | |
| | Rising rental prices and rea-estate value | |
| Disturbance caused by the sharing economy | Lack of regulations | IV, V, VII, XVII |

5.5 The complete list of strategies

The complete list of strategies consists of 121 actions grouped under 17 overarching strategies.

| I. St | imulate and assist in the spreading of visitors around the destinat |
|--------|---|
| 1. | Move events to less visited parts of the destination and neighbour |
| 2. | Develop and promote visitor attractions/facilities in less visited pa |
| 3. | Improve capacity and time spent at visitor attractions |
| 4. | Create joint identity of destination and neighbouring areas |
| 5. | Implement travel card for unlimited local travel |
| 6. | Market entire destination to stimulate visitation of less visited par |
| 7. | Limit access or close off certain parts of the destination for a period |
| II. Fa | acilitate and assist the implementation of time-based rerouting w |
| 8. | Promote shoulder months and low season to visitors |
| 9. | Dynamic price differentiation (such as variable or tiered pricing) a |
| 10. | Stimulate events in the shoulder months and low season |
| 11. | Use timeslots for popular visitor attractions and/or events, possib |
| 12. | Use apps to create dynamic time-based rerouting |
| 13. | Deploy reservations and ticketing systems |
| III. S | stimulate and assist in the development of dynamic visitor itinera |
| 14. | Provide multilingual information and itineraries by means of unmate at entrances of and within the destination, and use technology to |
| 15. | Provide tourist information centres (static and roaming) |
| 16. | Offer combined discounts for specific low-impact itineraries |
| 17. | Provide destination guides & books and (guided) tours highlightin |
| 18. | Create dynamic experiences and thematic itineraries or routes for |
| 19. | Stimulate development of guided tours through less-visited parts |
| 20. | Use chat bots to provide advice on alternative attractions and use sights |
| IV. F | acilitate the development of financial regulations to manage, con |
| 21. | Tax accommodation in sharing economy such as Airbnb |

| ation and beyond |
|---|
| puring areas |
| parts of the destination and neighbouring areas |
| |
| |
| |
| arts |
| riod of time |
| within and across destinations |
| |
| and encourage pre-booking |
| |
| ibly aided by real-time monitoring |
| |
| |
| raries within and across destinations |
| manned portals (digital – internet and apps - and analogue) to nudge visitors in real time |
| |
| |
| ing hidden treasures |
| or niche visitors |
| ts of destination |
| se virtual reality and augmented reality for visits to famous |
| ontrol and prevent overtourism |
| |

| 22. | Tax service providers that bring a large number of visitors to the area (cruises, coaches) |
|------|--|
| 23. | Introduce eco taxes, such as CO2 emission tax |
| 24. | Use tourism revenues to create a fund to compensate for environmental degradation, pollution, heritage maintenance etc. |
| V. F | acilitate the development of (uniform) operational regulations |
| 25. | Adjust the opening times of visitor attractions |
| 26. | Regulate visitor products and services that cause disturbance such as specific modes of transport or activities; increase fines and surveillance for non-compliance |
| 27. | Limit accommodation in sharing economy through regulation |
| 28. | Secure time for the rehabilitation of the destination e.g. restrict access for a short period of time |
| 29. | Create scarcity by capping capacity, such as the number of visitors, cruise ships, flights per day/week/month etc. |
| 30. | Apply regulations such as a moratorium on hotel construction to manage the growth of the accommodation sector |
| 31. | Regulate the operations of accommodation providers, e.g. with regard to carrying capacity, operational standards, working conditions, permits, etc. |
| 32. | Promote/oblige the use of sustainable resources (e.g. sun panels, no plastic policy, water usage, waste management etc.) |
| 33. | Establish certification measures for sustainable businesses practices |
| 34. | Increase the number of on the ground staff, such as supervisors for crowd management, public advisors etc. |
| VI. | Facilitate the development of (uniform) traffic regulations |
| 35. | Regulate/limit access for large groups |
| 36. | Regulate/limit traffic in busy parts of the destination |
| 37. | Ensure car visitors use parking facilities at the edge of the destination |
| 38. | Determine/communicate the physical carrying capacity of critical areas |
| 39. | Create specific drop-off zones for coaches in suitable places |
| 40. | Create pedestrian-only zones |
| | Stimulate the business environment, specifically in the case of alternative businesses and businesses actively tackling the e of overtourism |
| 41. | Create creative incubators/labs for innovative businesses |
| 42. | Create an attractive business environment for innovative start-ups, such as funding and financial assistance programmes |
| 43. | Provide support and incentives for innovations in the business environment, such as funding, financial assistance pro- grammes, ICT development, crowd funding, matching grants, PPPs |
| 44. | Provide support and incentives for domestic businesses |
| | |

45. Provide an online guide with an overview of main funding opportunities available for the sector

| 46. | Provide incentives for domestically owned hotel developments |
|-------|---|
| VIII. | Stimulate the development of a diversified economy that is not |
| 47. | Ensure that the economy is based on multiple pillars |
| 48. | Focus on resource-based development |
| 49. | Develop/promote the circular economy locally |
| IX. S | timulate the use of the "ladder of sustainable development" for |
| 50. | Focus on adaptive-reuse e.g. assign new functions to public space that hamper the movement of crowd |
| 51. | Prioritize brown-field developments |
| X. St | timulate visitor segmentation and target marketing that emphasi |
| 52. | Target visitors with limited impact for the specific destination con |
| 53. | Diversify the tourism product with an emphasis on e.g. sustainab the destination, and target visitors accordingly |
| 54. | Target repeat-visitors |
| 55. | Target local residents and the local business community |
| 56. | Discourage visitation of the destination of certain groups of visito |
| 57. | Align with neighbouring destinations to each target a specific ma |
| 58. | Develop joint marketing projects with surrounding destinations/a |
| 59. | Actively monitor, manage and evaluate the content of social med |
| 60. | Launch online campaigns to enhance online presence |
| 61. | Run targeted campaigns to provide fresh perspectives on the des |
| 62. | Adjust branding and marketing strategies to differentiate the desi |
| 63. | De-market the destination for hot spots and high season |
| 64. | Raise awareness of local culture by means of dedicated marketing |
| 65. | Employ sufficient security measures |
| 66. | Favour responsible businesses in marketing |
| XI. S | timulate cross-border cooperation and facilitate alliances |
| 67. | Conduct webinars, seminars, and workshops for knowledge shari countries), for example to exchange best practices |
| 68. | Develop trans-national and interregional (cross border) partnersh |
| | |

| overdependent on tourism |
|---|
| |
| |
| |
| the spatial planning of tourism development |
| es and un-used buildings/areas, removing street furniture |
| |
| se local sustainable values |
| text |
| e, alternative or ecotourism products matching the DNA of |
| |
| |
| rs |
| rket |
| reas |
| ia platforms |
| |
| tination |
| ination |
| |
| g techniques |
| |
| |
| |
| ng and co-creation between destinations (cities, regions, |
| ips and develop joint promotion, incentives, discounts |

| 69. | Participate in voluntary online information exchange mechanism to e.g. improve the coordination of school holidays in the |
|-----|---|
| | EU member states |

70. Participate in a virtual tourism observatory to support and coordinate research activities by national research institutes and provide socioeconomic data on tourism

XII. Make residents benefit from the visitor economy

- 71. Increase the level of employment in the visitor economy and strive to create permanent jobs
- 72. Make positive impacts of tourism visible, create awareness and knowledge amongst residents
- 73. Involve local residents in new tourism products
- 74. Conduct an analysis of supply-demand potential of the local community
- 75. Improve quality and frequency of public transport due to effective marketing to visitors
- 76. Give residents free entry, reduced tariffs, special permits or access passes for example attractions, public transport or other facilities
- 77. Stimulate development of impoverished neighbourhoods through visitor economy facilities

XIII. Facilitate the creation of destination experiences that benefit both visitors and local residents

- 78. Develop the destination in line with the residents' needs and desires (e.g. housing, shops, leisure facilities) and treat tourists as temporary residents (once needs and desires are similar tourists disappear into the local)
- 79. Give residents the opportunity to become tourists in their own destination, e.g. by creating space for residents at events, markets and/or visitor attractions and integrate locally oriented products into tourist markets

80. Integrate visitor facilities within local festivities and activities

81. Involve local volunteers, for example as destination ambassadors for the enjoyment of residents

82. Make use of temporary 'guerrilla art' to provide fresh perspectives on the destination

83. Prolong opening times of visitor attractions and cafes

XIV. Facilitate the coordination and development of a consistent destination infrastructure and public facilities

84. Create a destination-wide plan for a well-balanced, sustainable/green infrastructure and traffic management

- 85. Improve and expand infrastructure facilities to ensure that major routes are suitable for extensive tourism activity and that secondary routes are available at peak times
- 86. Improve the destination's cultural and museum infrastructure
- 87. Improve directional signage, interpretation materials and notices e.g. to a wide variety of attractions

88. Make public transport better suited for visitors (e.g. better and faster connections)

- 89. Set up specific transport facilities for visitors during busy periods
- 90. Foster the use of sustainable transportation for tourism purposes (e.g. tourist buses, sightseeing buses etc.)

91. Provide adequate infrastructure for alternative vehicles such as hybrids, all-electric vehicles etc.

| 92. | Provide adequate public facilities, such as public toilets, Wi-Fi |
|------|--|
| 93. | Create safe cycling routes and stimulate bicycle rent |
| 94. | Set up specific safe and attractive walking routes |
| 95. | Ensure that routes are suitable for the physically impaired or elder |
| 96. | Guard the quality of cultural heritage and attractions |
| 97. | Ensure cleaning services and regimes fit with visitor disturbance in |
| XV. | Stimulate tourism businesses to communicate with and involve vi |
| 98. | Create awareness of issues of visitor pressure / overtourism amon use of public transport |
| 99. | Educate visitors on local etiquette and code of conduct, such as in |
| 100. | Provide adequate information about traffic restrictions, parking fa |
| 101. | Unite disjointed communities (e.g. by setting up a local DMO) |
| 102. | Create participation and co-creation opportunities for loyal guests |
| XVI. | Stimulate tourism businesses to communicate with and involve le |
| 103. | Ensure that a tourism management group (that includes all stakeh |
| 104. | Ensure that the DMO takes the role of a consultant for decisions n |
| 105. | Enhance local organizational structure: organize professional deve working events, ICT development, etc. |
| 106. | Organise local discussion platforms for residents |
| 107. | Conduct research among residents and other local stakeholders, for tractions in potential new destinations or what they perceive as in |
| 108. | Encourage locals to share interesting content about their destination |
| 109. | Communicate with residents about their own behaviour |
| XVII | . Facilitate the coordination and development of responsive meas |
| 110. | Provide an (adaptive) long-term future vision and tourism master orative methods such as strategic foresight and scenario planning prepared for the future |
| 111. | Apply zoning to create dedicated development areas |
| 112 | Establish an early warning system and appropriate KPIs |
| 113 | Monitor seasonal fluctuations in arrival numbers and produce rele |
| 114. | Consider the use of big data to monitor and track visitor flows, to and its volatility, and to refine tourism strategies or to create smar |

| rly visitors to avoid adverse impacts |
|--|
| |
| n public space and visitor facilities |
| isitors |
| ngst visitors, such as encouraging visitors to walk or to make |
| n public facilities, public transport |
| acilities, fees, shuttle bus services |
| |
| S |
| local stakeholders |
| holders, including residents) is regularly convened |
| needing political support |
| elopment programs for private-public partnerships, net- |
| |
| for example to investigate what they see as interesting at- mpacts of overtourism |
| tion on social media |
| |
| sures in organization and planning |
| plan, and make use of forecasting and alternative collab- to prevent fragmentation of the sector and to be better |
| |
| |
| evant data |
| identify crowded areas, to evaluate industry performance rt specialisation strategies |

115. Apply methods such as "visitor journey mapping" to fully understand the characteristics and behaviour of visitors

116. Integrate policy domains and make a shift from tourism as "goal" to tourism as "means", provide guidelines

117. Create contingency plans for peak periods

118. Consider monitoring all operators (tour operators, guides, etc.) and focus on, for example, operational standards, permits, qualification requirements, awareness raising) in conjunction with an operator's licence system

119. Prepare a comprehensive operational management plan (including operational practices) to coordinate awareness, conservation, management and tourism activities

120. Coordinate the tour schedule of operators/excursion organizers who regularly bring groups to the destination

121. Ensure that event management plans are in place to manage large crowds

6. Strategic outlook

6.1 Introduction

The following chapter will provide a glimpse into the future of Tallinn as an urban tourism destination. The future vision on tourism development in the city will be discussed from the point of view of industry stakeholders

6.2 Future vision on tourism development

It was agreed on by the experts that the tourism industry of Tallinn is expanding and visitor numbers are continuously growing. It was argued that attracting the right type of visitors has key importance. By restoring the Old Town and renewing the coastline together with some of the suburban areas the city intends to extend the range of tourism products currently offered and to create a much better, liveable space for both visitors and locals.

It was mentioned, that spreading the visitors would be a potential idea, however it may only work in case of repeat visitors. The extension of the average length of stay has also high importance and it would provide the chance for visitors to discover other areas as well during their stay.

It was mentioned by some of the experts that special theme tours should be promoted more intensively in the future. Based on the common historical background with Germany and Sweden, special theme tours could be developed and promoted to German and Swedish tourists. It was widely agreed that there should be more focus on niche tourists. In the medieval times, Tallinn was part of the Hanseatic route together with Lubeck, Riga, Hamburg, Rostock etc. The Hanseatic route could be recreated and Tallinn could attract more visitors interested in history. The authentic local life style should also be communicated more intensively including gastronomy and handicrafts. These tourism products may serve as alternatives to mass tourism.

Infrastructure developments are on-going in the city just like traffic regulations. Experts hope that an improved infrastructure and traffic scheme will help to better manage visitor flows as well as local traffic problems.

Increasing the economic benefits of tourism are also desirable on the long run. Experts mentioned that larger contribution of the tourism industry towards heritage protection is expected and would be necessary.

MICE tourism is expected to play a key role in the future. The number of venues and facilities are planned to be expanded in the

upcoming years. The advanced use of ICT has also been mentioned, just like the need for more walking and cycling routes and more active cooperation between the residents and the industry players.

In general, it can be concluded that attitude towards further growth in the city is positive. Just like the industry experts, residents are also supportive towards further growth. The graphs below show that more than half of the respondents believe that there should be no boundaries to growth of visitor numbers in Tallinn (57.4%) and that there is room for numbers to grow (45.4%).

Attitude towards further growth in the neighbourhood (nr. of responses)



Figure 16. Attitude towards further growth in the neighborhood - resident survey





In the neighbourhood In the city

39

Figure 15. Attitude towards further growth in the city vs. in the neighborhood – resident survey

7. References

Port of Tallinn. (2016). Port of Tallinn. Retrieved from Key figures: http://www.portoftallinn.com/key-figures

8.Appendix

8.1 Descriptive statistics - tables

| Age structure (n=90) | Ν. | % | Std. | | |
|----------------------|----|-------|------|--|--|
| 15-34 | 25 | 27.8% | | | |
| 35-54 | 47 | 52.2% | .690 | | |
| 55+ | 18 | 20% | | | |

| Gender (n=99) | Ν. | % | Std. | | |
|---------------|----|-------|------|--|--|
| Female | 65 | 65.7% | .477 | | |
| Male | 34 | 34.3% | | | |

| Location of work (n=95) | Ν. | % | Std. | | |
|-------------------------|----|-------|------|--|--|
| Inside the city | 80 | 84.2% | 267 | | |
| Outside the city | 15 | 15.8% | .367 | | |

| Working in tourism (n=98) | Ν. | % | Std. | | |
|---------------------------|----|-------|------|--|--|
| Yes | 10 | 10.2% | | | |
| No | 86 | 87.8% | .342 | | |
| l don't know | 2 | 2% | | | |

| Household income related to tourism (n=99) | Ν. | % | Std. |
|--|----|-------|------|
| Yes | 10 | 10.1% | |
| No | 86 | 86.9% | .357 |
| I don't know | 3 | 3% | |

| Period of living in the city (n=102) | Ν. | % | Std. | | |
|--------------------------------------|----|-------|------|--|--|
| Less than one year | 6 | 5.9% | 226 | | |
| One year or more | 96 | 94.1% | .236 | | |

| Attachment to the city (n=108) | l was born and raised in the city | I moved to the city because of my work or study | I moved to the city because of family reasons | I moved to the city because I like the city | I moved to the city because it offers (affordable) hous- ing | I moved to the city for another reason |
|-----------------------------------|---|--|---|---|---|---|
| N. | 53 | 3 | 35 | 8 | 18 | 4 |
| % | 49.1% | 2.8% | 32.4% | 7.4% | 16.7% | 3.7% |

| Identification with the city (n=108) | Compl disag | | Disagree | | Neither dis- agree nor agree | | Agree | | Completely agree | | l don't know | | Mean |
|--|----------------|----|----------|----|------------------------------------|-----|-------|-------|---------------------|-------|--------------|------|------|
| | N. | % | N. | % | N. | % | N. | % | N. | % | N. | % | |
| I am happy to be living in Tallinn | 1 | 1% | 1 | 1% | 10 | 10% | 39 | 39% | 49 | 49% | 0 | 0 | 4.34 |
| I feel I am a Tallinner | 0 | 0% | 0 | 0% | 19 | 20% | 34 | 35.8% | 41 | 43.2% | 1 | 1.1% | 4.23 |

| Behavioural re- sponse to draw- backs currently (n=108) | I have not experienced drawbacks in the past 3 years | Nothing I would take it for granted | I would avoid specific places or moments of the day | I would speak up to visitors who cause annoyance | I would try to affect the tour- ism policy or the public opinion | I would move to another place in the city | Other |
|--|--|--|--|---|---|--|-------|
| Ν. | 51 | 31 | 43 | 9 | 2 | 1 | 5 |
| % | 47.2% | 28.7% | 39.8% | 8.3% | 1.9% | 0.9% | 4.6% |

| Behavioural re- sponse to draw- backs if I would have choice and the means(n=108) | I have not experienced drawbacks in the past 3 years | Nothing I would take it for granted | l would avoid specific places or moments of the day | I would speak up to visitors who cause annoyance | I would try to affect the tour- ism policy or the public opinion | I would move to another place in the city | l would leave the city | Other |
|---|--|--|--|--|---|---|------------------------------|-------|
| N. | 41 | 16 | 41 | 14 | 12 | 7 | 8 | 3 |
| % | 38% | 14.8% | 38% | 13% | 11.1% | 6.5% | 7.4% | 2.8% |

| Attitude towards tourism (n=108) | | | agree | ee Neither disagree nor agree | | Agree | | Completely agree | | I don't know | | Mean | |
|---|----|-----|-------|----------------------------------|----|-------|----|---------------------|----|--------------|----|------|------|
| | N. | % | N. | % | N. | % | N. | % | N. | % | N. | % | |
| I am proud that people from dif- ferent parts of the world visit my city | 0 | 0% | 3 | 3% | 8 | 7.9% | 37 | 36.6% | 51 | 50.5% | 2 | 2% | 4.37 |
| The part of Tallinn where I live is very touristy | 15 | 15% | 32 | 32% | 16 | 16% | 17 | 17% | 19 | 19% | 1 | 1% | 2.93 |
| I think that Tallinn is a hospitable city | 1 | 1% | 2 | 2% | 15 | 14.9% | 55 | 54.5% | 23 | 22.8% | 5 | 5% | 4.01 |
| I think that people from Tallinn are hospitable | 1 | 1% | 5 | 5% | 36 | 36% | 44 | 44% | 11 | 11% | 3 | 3% | 3.61 |

| Perceived impact of | | nega- /ely | Nega | Negatively | | utral | Posi | tively | Very | positively | ١d | on't know | Mean |
|--|----|---------------|------|------------|----|-------|------|--------|------|------------|----|-----------|------|
| tourism (n=98) | N. | % | N. | % | N. | % | N. | % | N. | % | N. | % | |
| The quality of your life | 1 | 1% | 4 | 4.1% | 61 | 62.2% | 11 | 11.2% | 10 | 10.2% | 11 | 11.2% | 3.29 |
| Your sense of attachment with the city | 1 | 1% | 4 | 4.1% | 51 | 52% | 20 | 20.4% | 16 | 16.3% | 6 | 6.1% | 3.50 |
| Your sense of attachment with the neighbour- hood/ local com- munity | 1 | 1% | 4 | 4.1% | 56 | 57.1% | 19 | 19.4% | 10 | 10.2% | 8 | 8.2% | 3.37 |
| Your person- al identity as being a Tallinner | 2 | 2.1% | 2 | 2.1% | 51 | 53.7% | 17 | 17.9% | 14 | 14.7% | 9 | 9.5% | 3.45 |
| Your opinion about tour- ism in Tallinn | 4 | 4.1% | 6 | 6.2% | 42 | 43.3% | 26 | 26.8% | 12 | 12.4% | 7 | 7.2% | 3.40 |
| Your opinion about visi- tors in Tallinn | 2 | 2.1% | 2 | 2.1% | 50 | 52.1% | 19 | 19.85 | 13 | 13.5% | 10 | 10.4% | 3.45 |

| Attitude to- wards further growth in the city (n=108) | There should be no boundaries to growth of visitor num- bers | There is still room for visitor numbers to grow further | There is still room for visitor num- bers to grow further but not in the peak season | There is still room for visitor numbers to grow further but not in holi- day flats | The growth rate of visitor numbers should be slowed down | All tourism promotion and market- ing should be stopped | All tourism devel- opment should be stopped | Other |
|--|---|--|--|---|---|---|---|-------|
| N. | 62 | 49 | 20 | 3 | 4 | 0 | 0 | 4 |
| % | 57.4% | 45.4% | 18.5% | 2.8% | 3.7% | 0% | 0% | 3.7% |

| Attitude to- wards further growth in the neighbour- hood (n=108) | There should be no boundaries to growth of visitor num- bers | There is still room for visitor numbers to grow further | There is still room for visitor num- bers to grow further but not in the peak season | There is still room for visitor numbers to grow further but not in holi- day flats | The growth rate of vis- itor num- bers should be slowed down | All tourism promotion and market- ing should be stopped | All tourism devel- opment should be stopped | Other |
|--|---|--|--|---|---|---|---|-------|
| N. | 58 | 36 | 8 | 8 | 7 | 2 | 5 | 5 |
| % | 53.7% | 33.3% | 7.4% | 8.3% | 6.5% | 1.9% | 4.6% | 4.6%% |

| Preferences for visitor manage- ment strategies (n=108) | | y much gainst | Ag | ainst | Ne | utral | In f | avour | , , | much in vour | I don' | 't know | Mean |
|--|----|------------------|----|-------|----|-------|------|-------|-----|-----------------|--------|---------|------|
| | N. | % | N. | % | N. | % | N. | % | N. | % | N. | % | |
| Spread visitors to new destinations outside the city | 4 | 4.1% | 4 | 4.1% | 23 | 23.5% | 38 | 38.8% | 23 | 23.5% | 6 | 6.1% | 3.78 |

| Spread visitors to new destinations within the city | 4 | 4.1% | 6 | 6.2% | 17 | 17.5% | 40 | 41.2% | 20 | 20.6% | 10 | 10.3% | 3.76 |
|---|----|-------|----|-------|----|-------|----|-------|----|-------|----|-------|------|
| Stimulate that visitors spend more time inside attractions | 7 | 7.3% | 6 | 6.3% | 26 | 27.1% | 28 | 29.2% | 14 | 14.6% | 15 | 15.6% | 3.44 |
| Distribute visitors better during the day | 5 | 5.2% | 5 | 5.2% | 26 | 27.1% | 23 | 24% | 18 | 18.8% | 19 | 19.8% | 3.57 |
| Distribute visitors better over the year | 4 | 4.3% | 5 | 5.3% | 20 | 21.3% | 25 | 26.6% | 20 | 21.3% | 20 | 21.3% | 3.70 |
| Prevent visitors from going to certain areas by means of trans- port regulations | 31 | 32.6% | 18 | 18.9% | 20 | 21.1% | 3 | 3.2% | 4 | 4.2% | 19 | 20% | 2.09 |
| Demotivate visitors to go to certain areas by means of higher tariffs or tourist taxes | 37 | 39.4% | 20 | 21.3% | 14 | 14.9% | 6 | 6.4% | 3 | 3.2% | 14 | 14.9% | 1.98 |
| Create itineraries to concentrate tourists along spe- cific routes | 21 | 22.1% | 13 | 13.7% | 29 | 30.5% | 15 | 15.8% | 6 | 6.3% | 11 | 11.6% | 2.67 |
| Attract only tour- ists from desirable target groups | 5 | 5.2% | 7 | 7.3% | 28 | 29.2% | 26 | 27.1% | 13 | 13.5% | 17 | 17.7% | 3.44 |
| Make residents benefit financially from visitors | 3 | 3.1% | 6 | 6.3% | 23 | 24% | 31 | 32.3% | 26 | 27.1% | 7 | 7.3% | 3.80 |
| Create city ex- periences where residents and visitors can meet and integrate | 6 | 6.3% | 9 | 9.4% | 22 | 22.9% | 27 | 28.1% | 18 | 18.8% | 14 | 14.6% | 3.51 |

| Communicate with and involve local residents and local busi- nesses in planning | 4 | 4.1% | 7 | 7.2% | 20 | 20.6% | 28 | 28.9% | 26 | 26.8% | 12 | 12.4% | 3.76 |
|---|----|-------|----|-------|----|-------|----|-------|----|-------|----|-------|------|
| Communicate better with vis- itors on how to behave | 5 | 5.3% | 7 | 7.4% | 22 | 23.2% | 24 | 25.3% | 26 | 27.4% | 11 | 11.6% | 3.70 |
| Improve the in- frastructure and facilities | 2 | 2.1% | 4 | 4.1% | 19 | 19.6% | 31 | 32% | 37 | 38.1% | 4 | 4.1% | 4.04 |
| Create stricter rules and controls regarding the opening hours of gastronomy | 20 | 21.1% | 15 | 15.8% | 23 | 24.2% | 9 | 9.5% | 14 | 14.7% | 14 | 14.7% | 2.78 |
| Forbid the offer- ing of Airbnb in certain parts | 38 | 40% | 12 | 12.6% | 15 | 15.8% | 4 | 4.2% | 7 | 7.4% | 19 | 20% | 2.08 |

(scale: 1=neutral to 5=very positive)

| Positive d | lirect encounters | Mean | N. | Std. |
|------------|---|------|----|-------|
| | Better infrastructure | 3.13 | 91 | 1.462 |
| | More shops | 3.11 | 90 | 1.434 |
| tial | More events | 3.52 | 87 | 1.238 |
| Spatial | More leisure facilities | 3.45 | 85 | 1.239 |
| | Protection of historical parts of the city | 3.68 | 88 | 1.255 |
| | Restoration of traditional architecture | 3.81 | 86 | 1.251 |
| | More permanent jobs in tourism | 2.83 | 65 | 1.420 |
| | More seasonal jobs in tourism | 3.27 | 73 | 1.436 |
| nic | More jobs outside tourism | 2.76 | 63 | 1.456 |
| Economic | Economic development of my neighbourhood | 2.89 | 81 | 1.396 |
| Eco | Greater number of tourist accommodation | 3.38 | 80 | 1.216 |
| | Increase of price level of real estate | 2.71 | 73 | 1.349 |
| | Wealth of residents | 2.65 | 74 | 1.187 |
| | Increased liveliness | 3.22 | 92 | 1.365 |
| | Better liveability | 2.82 | 89 | 1.378 |
| | More cultural supply | 3.57 | 94 | 1.372 |
| | Greater international touch | 3.55 | 92 | 1.378 |
| | More positive image | 3.40 | 94 | 1.378 |
| Social | Growth of the population | 2.71 | 91 | 1.369 |
| Soc | Change in the composition of the population | 2.80 | 87 | 1.388 |
| | Improvement of social/cultural life | 3.22 | 92 | 1.349 |
| | Increase of community's pride | 3.00 | 87 | 1.455 |
| | Better understanding of other people | 2.71 | 90 | 1.508 |
| | Revitalizations of local arts and events | 3.54 | 91 | 1.377 |
| | More opportunities to share culture with visitors | 3.34 | 87 | 1.363 |

(scale: 1=neutral to 5=very negative)

| Vegative | direct encounters | Mean | N. | Std. |
|----------|--|------|----|-------|
| | Overcrowding/obstruction of streets/side walks | 2.62 | 89 | 1.394 |
| | Overcrowding of shops/restaurants/leisure facilities | 2.35 | 86 | 1.225 |
| _ | Overcrowding of public transportation | 2.11 | 82 | 1.247 |
| Spatial | Change of appearance of neighbourhood/loss of authenticity | 1.93 | 82 | 1.163 |
| | Pollution/littering/noise | 2.32 | 85 | 1.265 |
| | Tourists on bicycles/Segways | 2.20 | 81 | 1.289 |
| | A loss of diversity on the high-street | 2.11 | 80 | 1.212 |
| | Increase of price level/affordability of public transportation | 1.67 | 72 | 1.163 |
| | Increase of price level/affordability of taxis | 2.04 | 83 | 1.224 |
| | Increase of price level/affordability of rental houses | 2.69 | 64 | 1.413 |
| | Increase of price level/affordability of private houses | 2.57 | 65 | 1.369 |
| mic | Increase of price level/affordability of shops | 3.04 | 93 | 1.334 |
| Economic | Increase of price level/affordability of leisure facilities | 2.84 | 87 | 1.320 |
| - | Increase of price level/affordability of restaurants and cafes | 3.16 | 92 | 1.269 |
| | Decrease of permanent jobs | 1.91 | 55 | 1.236 |
| | Decrease of seasonal jobs | 1.88 | 59 | 1.247 |
| | Increase of seasonal/migrant workers | 2.03 | 64 | 1.368 |
| | Increase of tourist accommodations | 1.72 | 76 | 1.028 |
| | Increase of businesses | 1.74 | 74 | 1.086 |
| | Big events causing peak moments of crowding | 2.05 | 85 | 1.290 |

| | Change/loss of culture/lifestyle/local customs | 1.64 | 76 | 1.003 |
|--------|--|------|----|-------|
| | Commercialisation of residents hospitality | 2.18 | 77 | 1.233 |
| Social | Attitude of visitors | 2.14 | 72 | 1.259 |
| Ň | Misbehaviour of visitors | 2.63 | 76 | 1.384 |
| | Less housing for residents | 1.90 | 60 | 1.160 |

| (scale: 1=neutra | l to 5=very | / negative) |
|------------------|-------------|-------------|
|------------------|-------------|-------------|

| Negative p | personal encounters | Mean | N. | Std. |
|------------------------------|---|------|----|-------|
| | Obstruction of my daily schedule/planning | 1.52 | 64 | .797 |
| sis | Waiting time in shops/facilities | 2.06 | 78 | 1.121 |
| icounte | It frequently takes me extra time to go to work | 1.66 | 74 | 1.024 |
| aler | My privacy is frequently violated/infringed | 1.60 | 68 | .995 |
| son | MY safety/comfort is frequently violated | 1.61 | 67 | 1.058 |
| e per | My family life is frequently infringed | 1.32 | 60 | .676 |
| Negative personal encounters | My social and cultural life is frequently infringed | 1.46 | 65 | .849 |
| z | I experience unfair competition on the accommodation market | 1.33 | 55 | .721 |

(scale: 1=neutral to 5=very positive)

| Positive per | sonal encounters | Mean | Ν. | Std. |
|---------------------|---|------|----|-------|
| | A nicer/better job | 2.17 | 71 | 1.454 |
| ş | Improvement of my educational level | 2.11 | 74 | 1.410 |
| nter | Improvement of my language skills | 2.71 | 82 | 1.535 |
| noou | Improvement of the family income | 1.99 | 67 | 1.376 |
| al er | Improvement of my housing conditions | 2.03 | 77 | 1.337 |
| personal encounters | Improvement of my understanding of other people/ visitors | 2.72 | 85 | 1.444 |
| Positive | Improvement of my attitude towards other people/visitors | 2.70 | 88 | 1.479 |
| Pc | Greater personal pride of the city | 3.04 | 92 | 1.526 |
| | More pleasant contacts with visitors | 3.02 | 89 | 1.522 |

| Stakeholder | encounters | Mean | N. | Std. |
|------------------------|---|------|----|-------|
| | Attitude/tourism plans of the government | 1.86 | 56 | 1.151 |
| inters | Attitude/plans of tourism marketing/promotion organizations | 1.78 | 55 | 1.013 |
| JCOL | Attitude of tour operators | 1.92 | 63 | 1.112 |
| er ei | Attitude of tour guides | 1.73 | 60 | .989 |
| plor | Attitude of taxi drivers | 2.02 | 66 | 1.116 |
| Stakeholder encounters | Attitude of owners/managers of tourist accommo- dations | 1.75 | 56 | .899 |
| | Attitude of other residents towards visitors | 1.97 | 65 | 1.199 |



Visitor Pressure and Events in an Urban Setting

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